

Blue River Bistro Lunch

Appetizers

Bistro Caprese | 13

beefsteak tomato, fresh mozzarella, basil
infused olive oil & toasted baguette

PEI Mussels | 14

fig, red onion & cilantro, champagne
cantaloupe-coconut cream sauce*

Baked Lahvosh | 13

goat cheese spread, spicy andouille sausage,
peppadews, cotija cheese

Honey & Cashew Encrusted Brie | 14

lahvosh cracker bread & red delicious apples

Calamari | 11

house made cocktail sauce

Crispy Tiger Shrimp | 13

house made sweet & spicy jalapeno dipping
sauce

Soup & Salad

Cream of Tomato Basil |

bowl: 6 cup: 4

Beet | 12

spring mix, roasted red beets, Chèvre goat
cheese, pistachios & lemon-honey
vinaigrette

Kale | 14

zante currants, toasted pecans, basil infused
quinoa, feta, cracked pepper Dijon dressing

Arugula | 16

brown sugar & allspice seared Mahi Mahi,
roasted pear, toasted, cashew, golden raisin,
goat cheese, apple-poppy seed dressing*

Butter Leaf Wedge | 12

wedge of butter leaf lettuce, bacon crumble,
Affinee blue cheese, toasted walnuts, creamy
buttermilk blue dressing & basil oil

Spinach | 12

spinach, mandarin oranges, apples, candied
walnuts, dried cranberries, Chèvre goat
cheese & strawberry-champagne vinaigrette

Soup of the Day |

bowl: 6 cup: 4

Blue River | 14

spring mix, chicken walnut salad, blue
cheese crumbles, tomatoes, artichoke hearts
& avocado

Choice of ranch, blue cheese, balsamic,
strawberry-champagne or soy-ginger
dressing

Caesar | 11

romaine & house made Caesar dressing*


Chinese Chicken | 14

spring mix, marinated chicken breast, snow
peas, mandarin oranges, chow mein noodles,
green onions, red peppers, honey roasted
almonds & soy-ginger vinaigrette

Cobb | 14

spring mix, diced grilled chicken, blue
cheese crumbles, bacon, tomatoes & egg
Choice of ranch, blue cheese, balsamic,
strawberry-champagne or soy-ginger
dressing

*Add Red Bird Farms chicken, organic tofu, three jumbo Tiger shrimp or salmon to any salad for five dollars**

 *Indicates a gluten free menu item. Ask your server for other items that can be prepared gluten free on request*

Two dollar split plate charge

Sandwiches & Burgers

All sandwiches & burgers come with a choice of house salad, fries or cup of soup

Southwest Burger | 14

salsa verde, avocado mousse, cotija cheese & pico de gallo

Blue River Burger | 15

half pound hamburger, blue cheese & applewood smoked bacon

BBQ Pork Sandwich | 14

raspberry-chipotle barbeque, cheddar, arugula & slaw

Reuben | 14

shaved pastrami, caramelized onion, stout infused sauerkraut, 1000 island & gruyere cheese

Flank Steak Gyro | 14

grilled flank steak on toasted naan, tomatoes, cucumbers, red onions, kalamata olives, feta cheese, lettuce, & cucumber dressing

Salmon BLT | 14

grilled salmon topped with applewood smoked bacon, Gruyere cheese & red pepper aioli*

Jamaican Jerk Chicken | 14

grilled chicken, mango aioli, peppadew-pineapple relish, gruyere cheese & arugula

Turkey Sandwich | 14

thinly sliced turkey breast, sour dough, melted brie, roasted apple, cranberry jam & arugula

Chicken Walnut Sandwich | 13

house made chicken walnut salad, whole wheat bread, lettuce, tomato & avocado

Garden Sandwich | 10

cucumbers, tomatoes, spinach, red onions, provolone cheese, avocado, cilantro-lime aioli & whole wheat bread

Pasta

All entrees are garnished with parmesan cheese unless otherwise requested

Penne Roberto | 17

marinated flank steak, asparagus, tomatoes, green onions & spicy chipotle cilantro pesto sauce topped with avocado

Tortellini Carbonara | 16

tri-color pasta stuffed with ricotta cheese, garlic cream sauce, prosciutto ham & green onions

Fettuccine | 14

choice of Alfredo, Marinara, Bolognese or creamy basil pesto

Penne Monza Fresca | 17

sautéed chicken breast, prosciutto ham, tomatoes, green onions, fresh basil, garlic cream sauce, fresh mozzarella & parmesan cheeses

Shrimp & Sausage | 18

Tiger shrimp, Andouille sausage, roasted red pepper pesto cream sauce, red onion & spinach over linguine*

✂️ Gluten free penne pasta can be substituted upon request

**Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for food borne illness.*

Additions

Applewood smoked bacon | 5

Sautéed onions | 3

Sautéed mushrooms | 3

Avocado | 3

Red Bird Farms chicken | 5

Organic tofu | 5

Tiger shrimp | 5

Atlantic salmon | 5

Drinks

Citrus Soda | 5

Cucumber, lime, grapefruit shrub, simple & soda

Limeade | 5

Lime, mint, simple & soda

Ginger Spice | 5

Ginger shrub, lemon juice, cinnamon, simple & soda

Pineapple-Pepper | 5

Basil, pineapple juice, habanero simple & soda