

Blue River Bistro

Lunch

APPETIZERS

Bistro Caprese 13

beefsteak tomato, fresh mozzarella, basil
olive oil, balsamic reduction & toasted
baguette

Tuna Poke 15

avocado, ginger-sesame marinade, crispy
wonton, guajillo sauce

Zucchini Straws 12

sriracha buttermilk dipping sauce

Honey & Cashew Encrusted Brie 14

lahvosh cracker bread & red delicious apples

Calamari 11

house made cocktail sauce

Crispy Tiger Shrimp 13

house made sweet & spicy jalapeno dipping
sauce

SOUP + SALAD

Cream of Tomato Basil

bowl: 6 cup 4

Soup of the Day

bowl: 6 cup 4

GF Beet 12

spring mix, roasted red beets, Chèvre goat
cheese, pistachios & lemon-honey
vinaigrette

GF Blue River 14

spring mix, chicken walnut salad, blue
cheese crumbles, tomatoes & avocado
Choice of ranch, blue cheese, balsamic,
strawberry-champagne or soy-ginger
dressing

GF Kale 14

zante currants, toasted pecans, basil infused
quinoa, feta, cracked pepper Dijon dressing

GF Arugula 12

roasted pear, toasted cashew, golden raisin,
goat cheese, apple-poppy seed dressing

GF Butter Leaf Wedge 12

wedge of butter leaf lettuce, bacon
crumble, Affinee blue cheese, toasted
walnuts, creamy buttermilk blue dressing &
basil oil

Chinese Chicken 14

spring mix, marinated chicken breast, snow
peas, mandarin oranges, chow mein
noodles, green onions, red peppers, honey
roasted almonds & soy-ginger vinaigrette

GF Spinach 12

spinach, mandarin oranges, apples, candied
walnuts, dried cranberries, Chèvre goat
cheese & strawberry-champagne vinaigrette

GF Cobb 14

spring mix, diced grilled chicken, blue
cheese crumbles, bacon, tomatoes & egg
Choice of ranch, blue cheese, balsamic,
strawberry-champagne or soy-ginger
dressing

GF Caesar 11

romaine & house made Caesar dressing*

Add Red Bird Farms chicken, organic tofu, three jumbo Tiger shrimp or salmon to any
salad for five dollars*

GF Indicates a gluten free menu item. Ask your server for other items that can be
prepared gluten free on request

SANDWICHES + BURGERS

All sandwiches & burgers come with a choice of house salad, fries or cup of soup

Southwest Burger 14

Blistered jalapeno & onions, guajillo sauce & cotija cheese

Blue River Burger 15

half pound hamburger, blue cheese & applewood smoked bacon

Short Rib Sandwich 14

braised beef, stout barbeque, provolone & red wine caramelized onions

Reuben 14

shaved pastrami, caramelized onion, stout infused sauerkraut, 1000 island & gruyere cheese

Flank Steak Gyro 14

grilled steak, toasted naan, tomatoes, cucumbers, red onions, kalamata olives, feta cheese, lettuce, & cucumber dressing

Salmon BLT 14

grilled salmon, applewood smoked bacon, gruyere cheese & red pepper aioli*

Chicken Sandwich 14

cajun fried chicken, honey-chipotle mayo, lettuce, tomato, onion & cheddar

Turkey Sandwich 14

turkey breast, prosciutto, capicola crisp, marinated tomato, arugula, gruyere & garlic aioli

Chicken Walnut Sandwich 13

chicken walnut salad, whole wheat bread, lettuce, tomato & avocado

Garden Sandwich 10

cucumbers, tomatoes, spinach, red onions, provolone cheese, avocado, cilantro-lime aioli & whole wheat bread

PASTA

All entrees are garnished with parmesan cheese unless otherwise requested

Penne Roberto 17

marinated flank steak, asparagus, tomatoes, green onions & spicy chipotle cilantro pesto sauce topped with avocado

Tortellini Carbonara 16

tri-color pasta stuffed with ricotta cheese, garlic cream sauce, prosciutto ham & green onions

Fettuccine 14

choice of Alfredo, Marinara, Bolognese or creamy basil pesto

Penne Monza Fresca 17

sautéed chicken breast, prosciutto ham, tomatoes, green onions, fresh basil, garlic cream sauce, fresh mozzarella & parmesan cheeses

Shrimp & Sausage 18

Tiger shrimp, Andouille sausage, roasted red pepper pesto cream sauce, red onion & spinach over linguine*

GF Gluten free penne pasta can be substituted upon request

Drinks

Citrus Soda

Cucumber, lime, grapefruit shrub, simple & soda

Limeade

Lime, mint, simple & soda

Ginger Spice

Ginger shrub, lemon juice, cinnamon, simple & soda

Pineapple-Pepper

Basil, pineapple juice, habanero simple & soda

Please notify your server of any allergies before ordering, as not all ingredients are listed. Due to the nature of restaurants and cross-contamination concerns, we are unable to guarantee a 100 percent allergy free zone. However we will do our best to accommodate your specific dietary needs.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for food borne illness.